COQUET COMMUNITY SCHOOL

BE KIND
WORK HARD
AIM HIGH

SDo/ LEd
14th October 2026

Dear Parent/Carer,

As you will be aware, Relationships and Sex Education (RSE), along with Health Education, has formed part of the National Curriculum. This began as of September 2020. As part of our school's wider Personal, Social and Health Education programme, your child will receive lessons on relationships, sexual health and personal safety. These will be delivered as age appropriate, therefore not all areas will be covered within all year groups.

Schools are required to consult with parents when developing and reviewing their policies for Relationships Education and RSE, which will inform schools' decisions on when and how certain content is covered.The DFE statutory guidance on this was updated for September 2026 and parents were invited to attend a consultation on the new CCS SRE curriculum before the summer holidays. A link to this presentation can be found on our website here. Full curriculum overview for PSHE are available on the school website.

The purpose of the upcoming curriculum is to provide knowledge and understanding of safe and healthy relationships based on respect. This is to encourage the development of safe and healthy relationships throughout life. The subject is designed to help children from all backgrounds build positive and safe relationships, and to thrive in modern Britain.

You do have a right to withdraw your child from sex education delivered as part of RSE in secondary schools which, unless there are exceptional circumstances, will be granted up to three terms before your child turns 16. At this point, if the child themselves wishes to receive sex education rather than be withdrawn, the school would make arrangements for this to happen in one of the three terms before the child turns 16 - the legal age of sexual consent.

There is no right to withdraw from Relationships Education at secondary level and we believe the content of these subjects – such as family, friendship, safety (including online safety) – are important for all children to be taught. However, we are confident you will share our enthusiasm for the successful implementation of the PSHE curriculum, which we feel will benefit all of our students.

If you would like to ask any questions about our SRE provision at CCS, please email myself at sdonohoe01@ccsamble.co.uk or our Deputy Head on jjohnson01@ccsamble.co.uk.

Yours Faithfully,

Mrs S Donohoe
Director of Personal Development