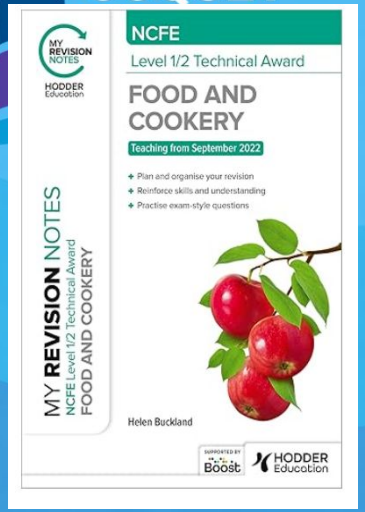
COQUET COMMUNITY SCHOOL

Food

BE KIND
WORK HARD
AIM HIGH

COQUET



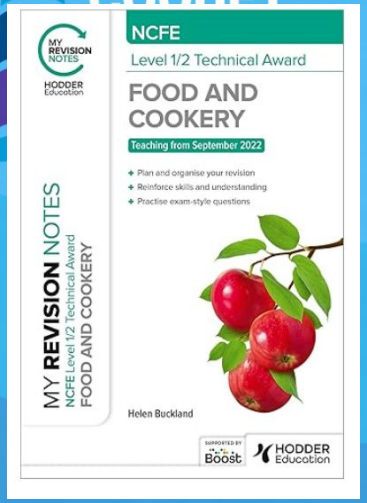
Revision material for KS4 NCFE Food and Cookery course:

Topics covered:

- Health and Safety relating to food, nutrition and the cooking environment. https://www.bbc.co.uk/bitesize/guides/zndnsrd/revision/3
- Food legislation and food provenance. https://www.food.gov.uk/business-guidance/packaging-and-labelling#:~:text=In%20accordance%20with%20the%20FIC,of%20provenance%20of%20the%20food.
- https://media.hachettelearning.com/medialibraries/hodder/samples/food-preparation-and-nutrition/14-16/ncfe-level-1-2-technical-award-in-food-and-cookery/mrn-food-and-cookery-sample-pages-9781398378957.pdf
- https://www.bbc.co.uk/bitesize/guides/zks8jty/revision/3
- https://www.bbc.co.uk/bitesize/guides/ztwvk2p/revision/3

Teacher: Mrs. Christodoulidou

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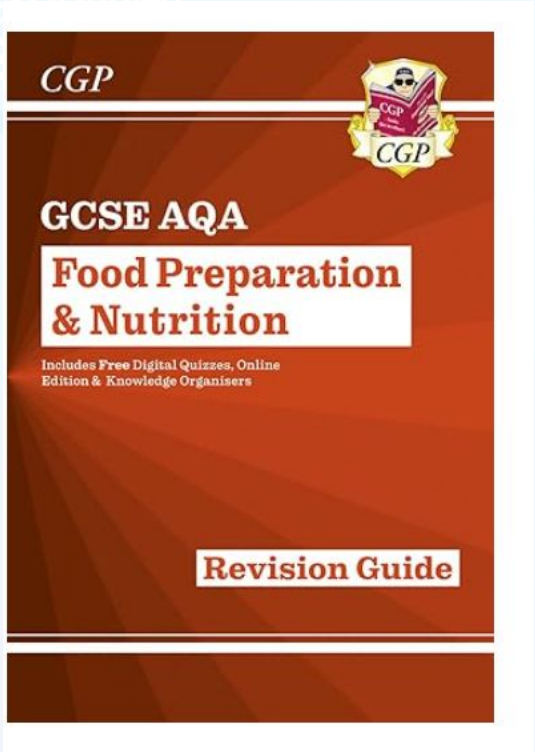
Revision material for KS4 NCFE Food and Cookery course:

Topics ctc.

- Food groups, key nutrients and a balanced diet.
  https://www.bbc.co.uk/bitesize/guides/z8rqw6f/revision/1
- Factors affecting food choice.
  https://www.bbc.co.uk/bitesize/guides/z7fw7p3/revision/1
- Food preparation, cooking skills and techniques.
  https://www.bbc.co.uk/bitesize/subjects/zdn9jhv
  https://www.bbc.co.uk/bitesize/guides/zdr8y9q/revision/1
- Recipe amendment, development and evaluation. (Written paper).
- Menu and action planning for completed dishes.

Teacher: Mrs. Christodoulidou

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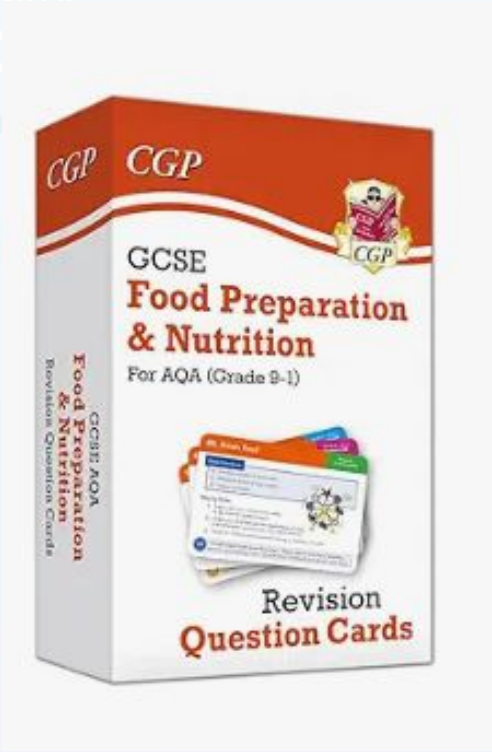


- **Topics covered: KS4 AQA GCSE Food Preparation and Nutrition course.**

- Food, Nutrition and Health.
- Food Science.
- Food Safety.
- Food Choice.
- Food Provenance.
- Food Preparation Skills.

Teacher: Mrs. Christodoulidou

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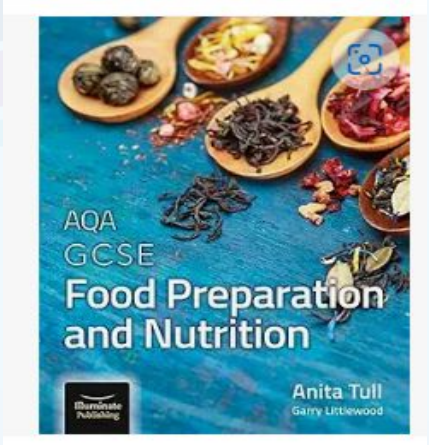


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BITESIZE

Teacher: Mrs. Christodoulidou

Topics covered: KS4 AQA GCSE Food Preparation and Nutrition course. (Useful revision links).

- Food, Nutrition and Health.
  https://www.bbc.co.uk/bitesize/subjects/zdn9jhv
- Food Science.
  https://revisionworld.com/gcse-revision/food-preparation-and-nutrition-gcse-revision/food-science/why-we-cook-food
- Food Safety.
  https://www.bbc.co.uk/bitesize/guides/zndnsrd/revision/3
- Food Choice.
  https://www.bbc.co.uk/bitesize/guides/z7fw7p3/revision/1
  https://www.bbc.co.uk/bitesize/articles/zn6j96f
- Food Provenance.
  https://www.bbc.co.uk/bitesize/guides/zks8jty/revision/2
  https://www.bbc.co.uk/bitesize/guides/zks8jty/revision/3

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Assignments set via Google Classrooms by the teacher to promote exam practice in readiness for the written paper in June 2025.

Teacher: Mrs. Christodoulidou

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