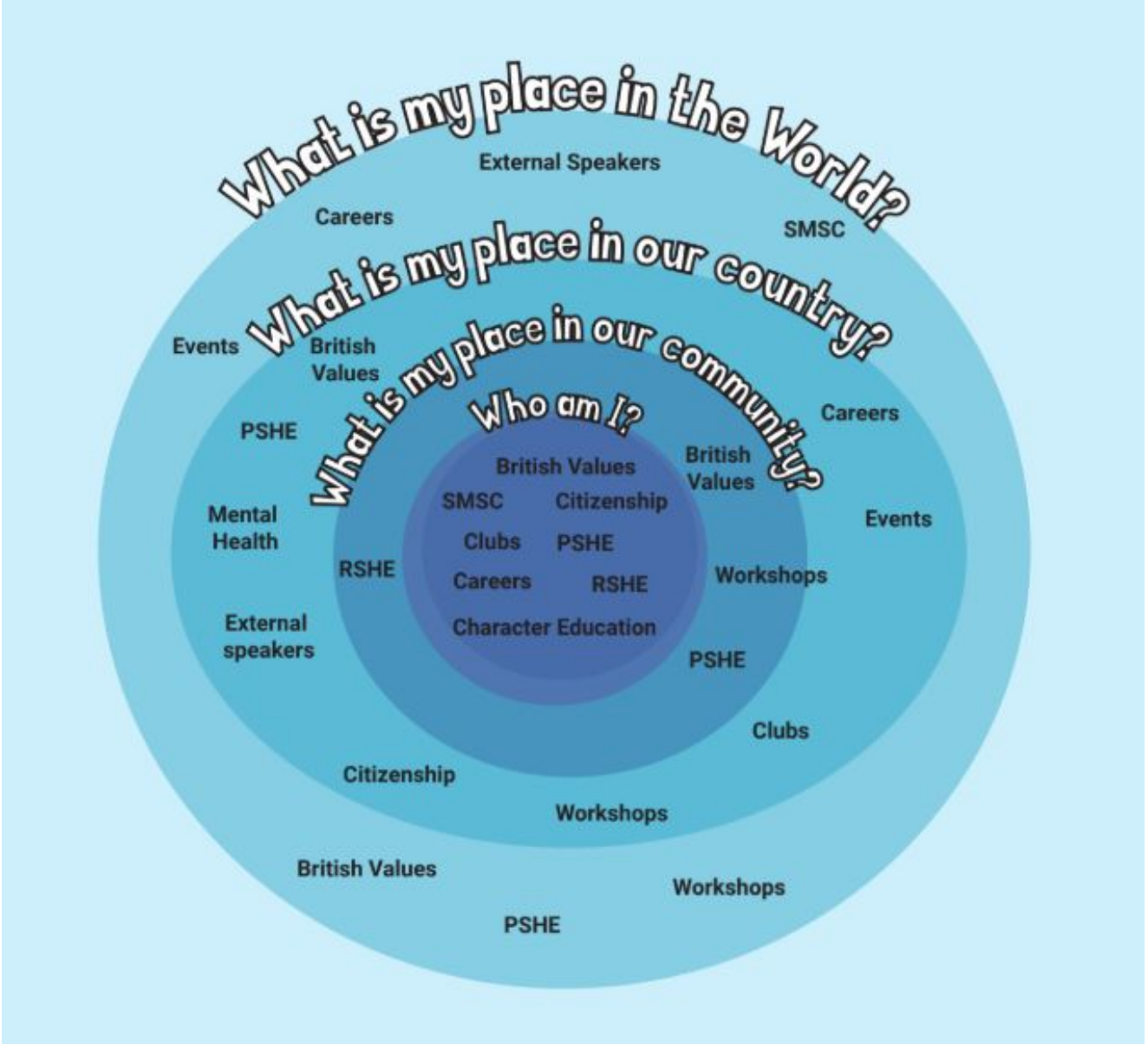
COQUET COMMUNITY SCHOOL

New RSHE guidance: what parents need to know

BE KIND
WORK HARD
AIM HIGH

Personal Development at CCS





The government has published updated guidance for relationships, sex and health education in schools, with a fresh focus on helping all children identify positive role models and challenge harmful ideas they might encounter online and in real life.

Why has the guidance been updated?

New research shows just how widespread exposure to misogyny or harmful online content has become.

When asked about this, in just the past week, over a third of pupils aged 11-19 had heard comments that made them worry about girls' safety, and more than half witnessed comments they would describe as misogynistic. (DfE National Research)

Research also found that over one in five girls aged 7 to 10 had seen inappropriate images online, with the average age for exposure to pornography being 13. (DfE National Research)

What will my child learn?

In secondary school, all pupils learn about consent, and lessons focus on helping teenagers understand consent as well as kindness and respect as they're getting ready for more intimate relationships.

They will learn to identify positive role models and understand how to challenge harmful attitudes they might encounter online.

This will be delivered by tutors, who have training and support to do so.

What will my child learn?



All content is age-appropriate and it sits within an intentionally planned spiralised curriculum, building upon knowledge from one year to another.

For example- theme of consent

Year 7- Friendship disagreements, peer boundaries, group dynamics

Year 8- Digital consent and image sharing

Year 9- Relationships- coercion and pressure

Year 10- Media distortion and sexual ethics

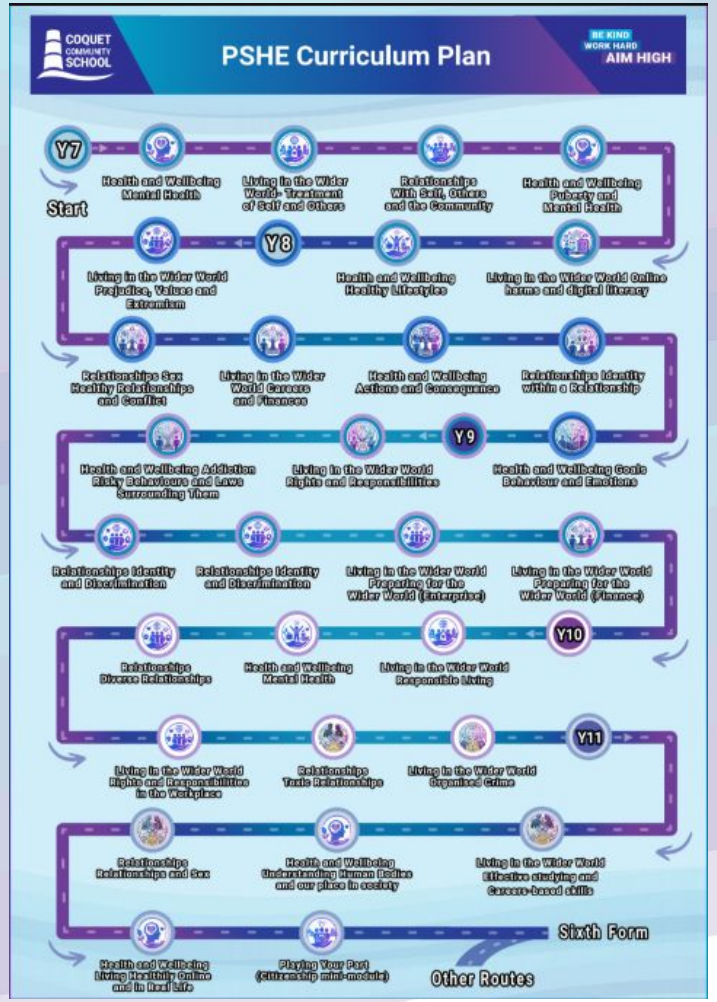
Year 11- The law, rejection and unusual situations

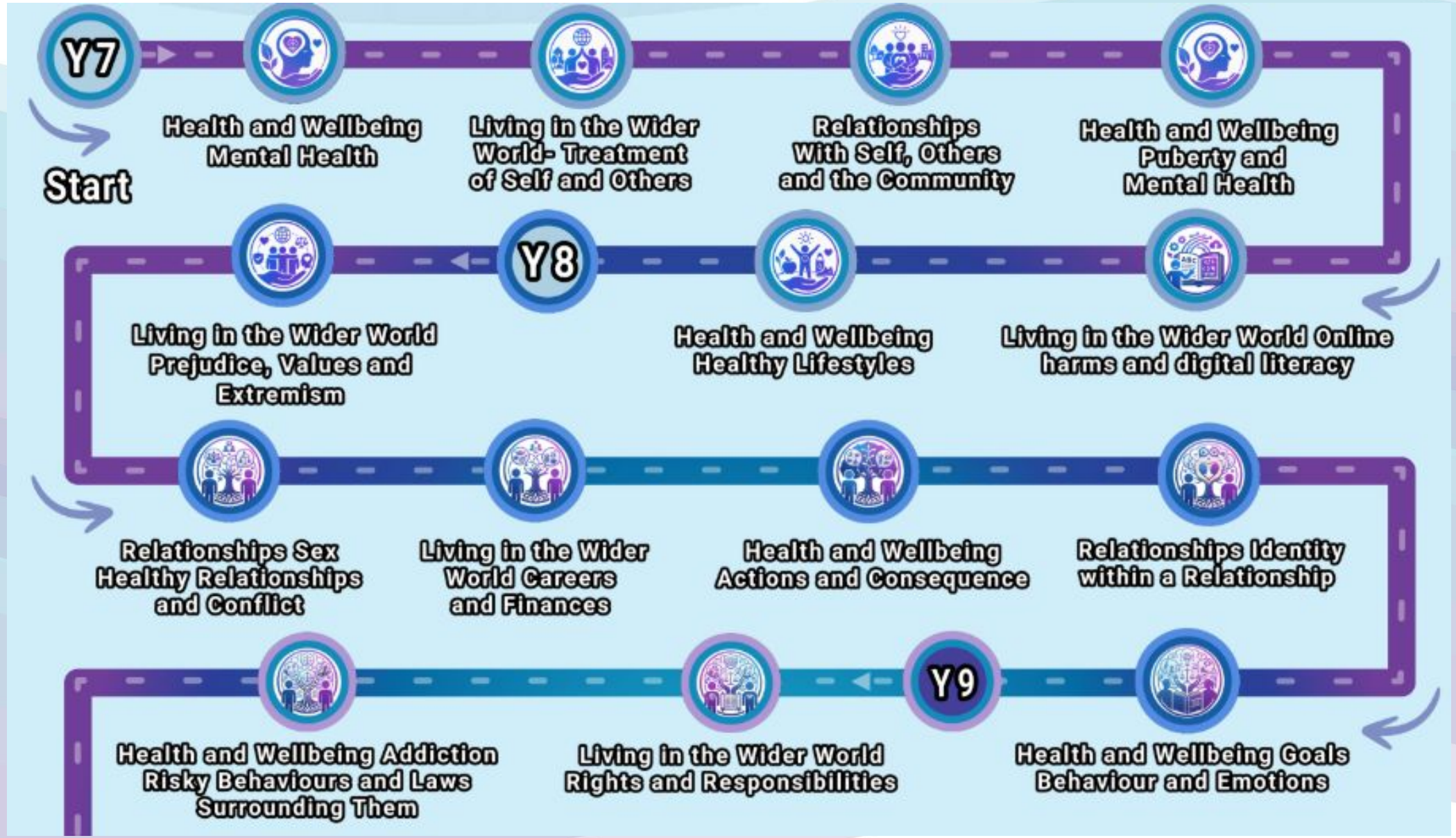
When teaching this progression, **topics are not a "one-and-done" talk in Year 10.** It is a muscle built from Year 7, in this case (consent) starting with small peer interactions and scaling up to the legal and emotional complexities of adulthood.

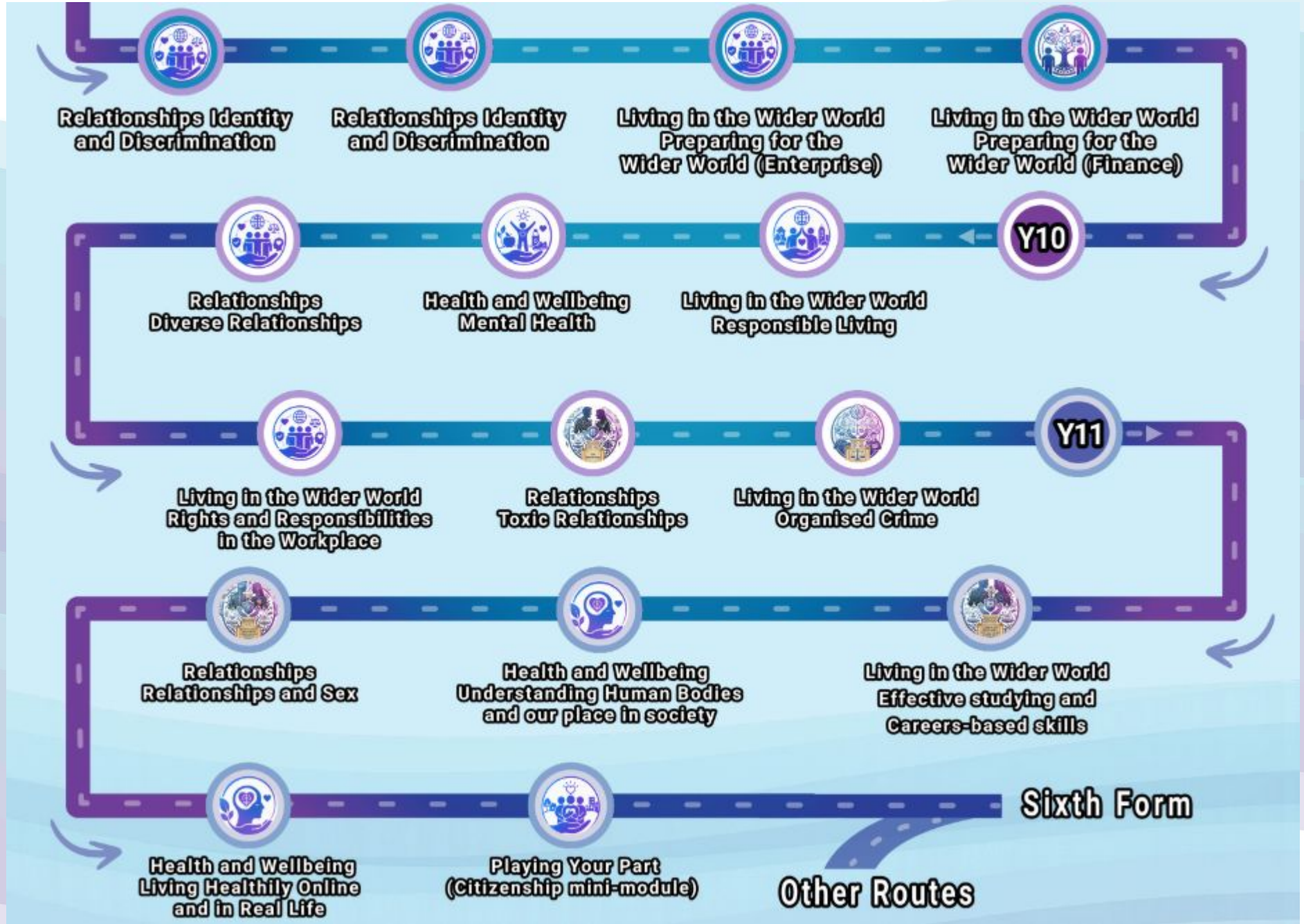
How will these aspects be taught?

- In dedicated PSHE Wednesday lessons (please see our website for our newly revised long-term plan)
- In assemblies
- School events, speakers and visits
- School ethos and pastoral care
- Character Education
- Flexible curriculum

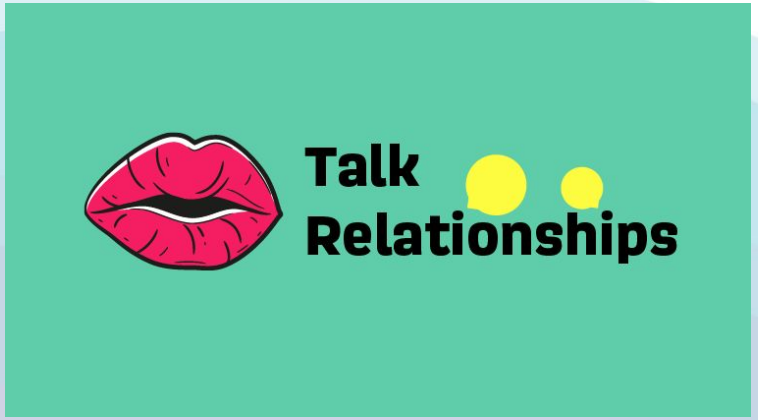
New PSHE Learning Journey




Y7
Start
Health and Wellbeing Mental Health
Living in the Wider World- Treatment of Self and Others
Relationships With Self, Others and the Community
Health and Wellbeing Puberty and Mental Health
Y8
Living in the Wider World Prejudice, Values and Extremism
Health and Wellbeing Healthy Lifestyles
Living in the Wider World Online harms and digital literacy
Relationships Sex Healthy Relationships and Conflict
Living in the Wider World Careers and Finances
Health and Wellbeing Actions and Consequence
Relationships Identity within a Relationship
Y9
Health and Wellbeing Addiction Risky Behaviours and Laws Surrounding Them
Living in the Wider World Rights and Responsibilities
Health and Wellbeing Goals Behaviour and Emotions


Relationships Identity and Discrimination
Relationships Identity and Discrimination
Living in the Wider World Preparing for the Wider World (Enterprise)
Living in the Wider World Preparing for the Wider World (Finance)
Y10
Relationships Diverse Relationships
Health and Wellbeing Mental Health
Living in the Wider World Responsible Living
Y11
Living in the Wider World Rights and Responsibilities in the Workplace
Relationships Toxic Relationships
Living in the Wider World Organised Crime
Relationships Relationships and Sex
Health and Wellbeing Understanding Human Bodies and our place in society
Living in the Wider World Effective studying and Careers-based skills
Health and Wellbeing Living Healthily Online and in Real Life
Playing Your Part (Citizenship mini-module)
Sixth Form
Other Routes

Signposting and Support



- NSPCC - Talk Relationships
- BBC News- Wondering how to talk to your child about sex?
- Sex Education Form - Parental Guide on Talking to Children about Sex
- The updated long term plan and curriculum overview are available on the school website
- We will always send a message home the week before your child attends a talk or workshop where sensitive topics may be discussed

Any Questions?

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