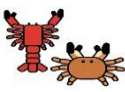
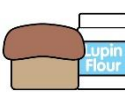
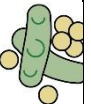


## Dishes and their allergen content – James Calvert Spence College

| Dishes                            |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-----------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| Grab & Go                         | Celery                                                                            | Cereals containing gluten*                                                        | Crustaceans                                                                       | Eggs                                                                              | Fish                                                                               | Lupin                                                                               | Milk                                                                                | Mollusc                                                                             | Mustard                                                                             | Nuts†                                                                               | Peanuts                                                                             | Sesame seeds                                                                        | Soya                                                                                | Sulphur Dioxide                                                                     |
| Bread - Roll                      |                                                                                   | Contains                                                                          |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | May contain                                                                         | Contains                                                                            |                                                                                     |
| Bread - Panini                    |                                                                                   |                                                                                   |                                                                                   |                                                                                   | See Label                                                                          |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Bread – Pizza Slice               |                                                                                   | Contains                                                                          |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Bread - Baguettes                 |                                                                                   | Contains                                                                          |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | May contain                                                                         |                                                                                     |                                                                                     |
| Bread – Tortilla Wrap             |                                                                                   | Contains                                                                          |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Bread - Mini Stottie              |                                                                                   | Contains                                                                          |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Bread – Pioneer sliced white      |                                                                                   | Contains                                                                          |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Pasta                             |                                                                                   | Contains                                                                          |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Pasta with Tomato sauce           |                                                                                   | Contains                                                                          |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Jacket Potato                     |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    |                                                                                     | Contains- with butter                                                               |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Salad                             |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Coleslaw                          | Contains                                                                          | Contains                                                                          |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     | Contains                                                                            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Sausage Roll                      |                                                                                   | Contains                                                                          |                                                                                   | Contains                                                                          |                                                                                    |                                                                                     | May contain                                                                         |                                                                                     | May Contain                                                                         |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Wedges Pot                        |                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | May contain                                                                         |
| Noodles- Curry Sauce/sweet chilli |                                                                                   | Contains                                                                          |                                                                                   | Contains                                                                          |                                                                                    |                                                                                     | May contain                                                                         |                                                                                     | May contain                                                                         |                                                                                     |                                                                                     | May contain                                                                         | May contain                                                                         |                                                                                     |

Review Date: 05/03/26

Reviewed by: D Embleton-Catering Manager